

IMAC

REGENERATION CENTERS

IMAC Initiates Next Phase of Brand Ambassador Program With Opening of Mike Ditka Center in Arlington Heights, Ill.

October 9, 2019

BRENTWOOD, Tenn, Oct. 09, 2019 (GLOBE NEWSWIRE) -- IMAC Holdings, Inc. (Nasdaq: IMAC), a provider of innovative medical advancements and care specializing in regenerative rehabilitation orthopedic treatments without the use of surgery or opioids, today announced the official opening of its Mike Ditka IMAC Regeneration Center of Arlington Heights, in Arlington Heights, Ill., which offers the company's full suite of services including physical and occupational therapy, and the company's signature regenerative rehabilitation medical treatments delivered by licensed medical practitioners. The company hosted a ribbon cutting at the facility on October 8, 2019.



Left to right, Jeff Ervin CEO, IMAC Holdings, Mike Ditka, Dr. Jason Hui, VP of Business Development

"While our approach to minimally-invasive care of chronic conditions drives our business, we recognize that partnering with a renowned brand ambassador such as Coach Ditka may present opportunities to educate a broader spectrum of potential patients about IMAC's superior physical and occupational therapy and medical procedures associated with joint repair and sports medicine using our minimally invasive procedures," said Matt Wallis, president of IMAC Holdings.

"The newest clinic in Arlington Heights capitalizes on Chicago area residents' enduring love for Coach Ditka, and we are grateful to be working closely with him," added Jeff Ervin, chief executive officer of IMAC Holdings. "This center is now fully operational after recently completing renovations and we anticipate sharing our successes with the community and our shareholders."

The Arlington Heights facility is one of three clinics IMAC manages as a result of an April 19th transaction with Progressive Health and Rehabilitation. The renovations enlarged the patient service area while modernizing medical treatment rooms and equipment to implement regenerative rehabilitation

services. More information may be found at IMACChicago.com.

About IMAC Holdings, Inc.

IMAC Holdings was created in March 2015 to expand on the footprint of the original IMAC Regeneration Center, which opened in Kentucky in August 2000. IMAC Regeneration Centers combine life science advancements with traditional medical care for movement restricting diseases and conditions. It owns or manages 14 outpatient clinics that provide regenerative, orthopedic and minimally invasive procedures and therapies. It has partnered with several active and former professional athletes, opening two Ozzie Smith IMAC Regeneration Centers, two David Price IMAC Regeneration Centers, and a Tony Delk IMAC Regeneration Center. IMAC's outpatient medical clinics emphasize its focus around treating sports and orthopedic injuries without surgery or opioids.

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Safe Harbor Statement

This press release contains forward-looking statements. These forward-looking statements, and terms such as “anticipate,” “expect,” “believe,” “may,” “will,” “should” or other comparable terms, are based largely on IMAC's expectations and are subject to a number of risks and uncertainties, certain of which are beyond IMAC's control. Actual results could differ materially from these forward-looking statements as a result of, among other factors, risks and uncertainties associated with its ability to raise additional funding, its ability to maintain and grow its business, variability of operating results, its ability to maintain and enhance its brand, its development and introduction of new products and services, the successful integration of acquired companies, technologies and assets, marketing and other business development initiatives, competition in the industry, general government regulation, economic conditions, dependence on key personnel, the ability to attract, hire and retain personnel who possess the skills and experience necessary to meet customers' requirements, and its ability to protect its intellectual property. IMAC encourages you to review other factors that may affect its future results in its registration statement and in its other filings with the Securities and Exchange Commission. In light of these risks and uncertainties, there can be no assurance that the forward-looking information contained in this press release will in fact occur. More information about IMAC Holdings, Inc. is available at www.imacregeneration.com IMAC

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